

“Fear After A Tragedy”

INTRODUCTION: After a tragedy there's a “*Grieving Process*”.

- Don't get “*stuck*” in “*The Grieving Process*”.

John 11:1-3 – Lazarus, a friend of Jesus, passes away.

11:6 – Jesus waited 2 days before going to Bethany.

11:14 – Jesus knew Lazarus was already dead ... He's omniscient.

11:17 – Jesus finds Mary & Martha in “*The Grieving Process*”.

1.- THE INITIAL SHOCK – 11:19

- **11:20** – Mary stays in the house ... escaping the comfort of friends.
- Everybody handles the initial shock differently.
- A Verse To Remember – Isaiah 40:29-31

2.- EMOTIONAL RELEASE – 11:31,33

- **11:35** – “*Real men don't cry*” is FALSE ... it's a sign of CARING.
- Are we as sensitive as we should be? David was – Psalms 6:6 ... Paul was – Acts 20:31 ... Ecclesiastes 3:4
- A Verse To Remember – John 14:16

3.- LONELINESS AND DEPRESSION – 11:32

- Mary felt alone ... like Jesus didn't really care.
- A Verse To Remember – Hebrews 13:5

4.- A SENSE OF GUILT – 11:31-33

- Sometimes we feel guilty, depending on the tragedy.
- A Verse To Remember – Philippians 3:13-14

5.- ANGER AND BLAME – 11:21,32,37

- Often, we want to blame God for not preventing the tragedy.
- A Verse To Remember – Romans 8:28

6.- LISTLESSNESS – 11:39

- You dwell on your grief, and after awhile you LIKE it.
- A Verse To Remember – 2 Timothy 1:7

7.- HOPE – 11:22,27,40

- You give the pieces to God, for Him to put back together.
- A Verse To Remember – Philippians 4:13

8.- THE RETURN TO REALITY – 11:43-45

- After a tragedy, you'll never be the same, but you can be better.
- A Verse To Remember – Philippians 4:4

CONCLUSION: Psalms 50:15

- Give your grief to God, and He'll lead you through it.